

Congregation Beth Shalom Rodfe Zedek COVID Guidelines – Effective June 1,2021

It is the policy of CBSRZ to follow guidelines at least as strict as those currently proposed by the CBSRZ COVID-19 Medical Advisory Council established to address the COVID-19 pandemic (comprised of Brad Jubilirer, M.D., Rubin Hirsch, M.D. and Michael Saxe, M.D.). At any time, the Rabbi or, in the absence of the Rabbi, the person designated by the Rabbi to act as religious leader in connection with any particular service or event, may restrict the use of the building/grounds and/or require protective actions by individuals even greater than as prescribed in these guidelines.

1. CBSRZ Staff

- a. Employees must stay home if they feel ill in any way (cough, congestion, tight chest, fever, diarrhea, muscle aches, or loss of smell or taste).
- b. Employees must monitor their temperatures before coming to work and stay home if their temperature is above 100 degrees Fahrenheit.
- c. If the employee has not been completely vaccinated (**vaccinations plus two weeks**):
 - i. He/she must also stay home for 10 days if they have had direct contact with someone with confirmed COVID in the last 2 weeks or obtain a molecular (PCR) test 7 days after contact and return once results are reported negative.
 - ii. Any employee travelling back from a state or country with a higher infectivity rate must have a negative molecular (PCR) COVID-19 test that was obtained 3 days after returning back to CT before returning back to work.
 - iii. Employees must wear a mask into the building and use hand sanitizer before entering their workspace.
- d. If the employee has been completely vaccinated:
 - i. He/she may enter and work without a mask.
 - ii. If all staff present for the day have completed their vaccinations, social distancing can be relaxed. Otherwise, employees should maintain 6 feet distancing from one another.
- e. Anyone entering the building during business hours must sign into the log for the purpose of contact tracing and verify that they have no symptoms of fever, cough, congestion, feelings of weakness or muscle aches, tight chest, abdominal pain, or loss of smell or taste. They should attest that they have had no known contact with any persons infected with COVID-19 to their knowledge and that they have not been traveling in an identified hot spot region or state in the past 14 days. (See Appendix A below)

2. Group Activities and In-Person Committee Meetings

- a. The Temple Administrator should be notified in advance of any group activities or committee meetings on the CBSRZ premises.
- b. All participants must sign into the log and document that they have no symptoms of fever, cough, congestion, feelings of weakness or muscle aches, tight chest, abdominal pain, or loss of smell or taste. They should attest that they have had no known contact with any persons infected with COVID-19 to their knowledge and that they have not been traveling in an identified hot spot region or state in the past 14 days. (See Appendix A below)

- c. Everyone who has not been vaccinated must wear a mask. If all participants have been vaccinated, social distancing can be relaxed as well as use of the classrooms and conference rooms for meeting places. Otherwise, if at least one participant is not vaccinated:
1. Due to concerns regarding proper ventilation of smaller rooms we recommend the use of the social hall area for such gatherings.
 2. Participants must maintain social distancing of at least 6 feet **from any unvaccinated individual or household (pod)**.
 3. Anyone that identifies themselves as high risk should not attend.
- d. Anyone who is not feeling well or has been in direct contact with someone with confirmed COVID in the last 2 weeks should not attend.

3. At this time, we believe indoor religious services can safely resume with the following restrictions:

- a. The sanctuary, currently with the walls down and open to the social hall, can be used for religious services to accommodate **as many people as distancing allows consistent with these guidelines**.
- b. Anyone that identifies themselves as high risk should not attend.
- c. Anyone who is not feeling well or has been in direct contact with someone with confirmed COVID in the last 2 weeks should not attend as well as those who have been traveling in an identified hot spot region or state in the past 14 days.
- d. Those participants who have not yet been **completely** vaccinated must maintain a social distance of at least six feet between household groups or individuals and must wear a mask. This must be enforced for the protection of the unvaccinated participant.
- e. Those participants that have been **completely** vaccinated can safely enter the sanctuary without a mask. **However, if more than 40 persons are in the building for any reason, all persons must wear a mask.**
- f. Chairs will be placed at least 6 feet apart from one another with the exception of household members and will be placed at least 12 feet apart from the clergy and the Bima.
- g. **Any person who has been completely vaccinated may be considered to be in the same household/pod as any other person who has been completely vaccinated, so that all such individuals may interact or sit together without masks or distancing, provided, however, that there are no persons not completely vaccinated in the group.**

4. Outdoor Services and Gatherings. When the weather is favorable, outdoor services and gatherings are an alternative to having the event indoors.

- a. We recommend that people who consider themselves high risk not attend in person.
- b. Anyone who is not feeling well or has been in direct contact with someone with confirmed COVID in the last 2 weeks should not attend.
- c. At this time people attending outdoor activities **and chairs must be distanced in the same manner as indoor services under section 3 above.**
- d. Mask wearing is not necessary but encouraged for those not yet vaccinated.
- e. **Food, drink and catering are limited as provided in section 6 below.**

5. Kivuun (Religious School) Activities (to be revised in August based on the situation)

6. Food, Drink, and Catering

- a. **We must recognize that for unvaccinated participants, eating, which requires mask removal, is a **higher** risk event in large groups, especially indoors. For unvaccinated participants, masks should be worn at all times except when sitting down at the table in the act of eating or drinking. Mask wearing is especially important when one is getting his/her food or drink from a common buffet area or when food is being served at the table by a server who must be masked at all times.**
- b. **Outdoor eating will always be preferable to indoor eating and is encouraged when the weather is favorable. Mask wearing will not be required when eating outdoors.**
- c. **Anyone eating indoors should be 6 feet away from anyone else who is not part of their family household or “pod”. Therefore, tables should be about 10 feet apart from one another with only one family household or “pod” members sitting at each table.**
- d. **We encourage whenever possible, food and drinks be prepackaged on one plate for each person, and one pre-poured drink for each person. If people want more, they can discard their first plates/cups and grab a second.**
- e. **If food and drink is placed out “buffet style” for Oneg or for catering larger events, one or more persons assigned to serving must be masked and gloved and takes measures to protect the food containers and liquid dispensers from being contaminated with respiratory particles from cooks, servers, or diners. Such examples would include:**
 - i. **Using saran wrap or plastic covers over large serving dishes**
 - ii. **Keeping liquids in dispensers with small mouth openings as opposed to large mouth opening pitchers.**

Appendix A

CBSRZ Daily Sign In Log

Date: ____/____/____

I attest that I have no symptoms of fever, cough, congestion, feelings of weakness or muscle aches, tight chest, abdominal pain, or loss of smell or taste. I additionally attest that I have had no known contact with any persons infected with COVID-19 to my knowledge and that I have not been traveling in a identified hot spot region or identified at risk state in the past 14 days.

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____

Name: _____ Time: _____